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1. A method of treating insulin-requiring diabetes in a mammal comprising administering to the mammal in a suitable regimen an effective amount of insulin and an effective amount of a peptide comprising a peptide selected from the group consisting of
 - (a) glucagon-like peptide 1(7-37);
 - (b) glucagon-like peptide 1(7-36)amide; and
 - (c) an effective fragment or analogue of (a) or (b).
 2. The method of claim 1 wherein the mammal is a human.
 3. The method of claim 2 wherein an effective amount of insulin and an effective amount of a peptide comprising a peptide selected from the group consisting of
 - (a) glucagon-like peptide 1(7-37);
 - (b) glucagon-like peptide 1(7-36)amide; and
 - (c) an effective fragment or analogue of (a) or (b)are administered to the human at a selected time prior to ingestion of a meal.
 4. The method of any of claims 1 to 3 wherein the insulin-requiring diabetes is Type I diabetes.
 5. The method of any of claims 1 to 3 wherein the insulin-requiring diabetes is Type II diabetes.
 6. Use of a peptide comprising a peptide selected from the group consisting of
 - (a) glucagon-like peptide 1(7-37);
 - (b) glucagon-like peptide 1(7-36)amide; and
 - (c) an effective fragment or analogue of (a) or (b)for the preparation of a medicament for use in the treatment of insulin-requiring diabetes in a suitable
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regimen which additionally comprises treatment with insulin.

7. Use of a peptide comprising a peptide selected from the group consisting of
- (a) glucagon-like peptide 1(7-37);
 - (b) glucagon-like peptide 1(7-36)amide; and
 - (c) an effective fragment or analogue of (a) or (b)
- for the preparation of a medicament which also includes insulin for treatment of insulin-requiring diabetes.
8. Use of a peptide in accordance with claim 6 or 7 wherein the insulin-requiring diabetes is Type I diabetes.
9. Use of a peptide in accordance with claim 6 or 7 wherein the insulin-requiring diabetes is Type II diabetes.
10. A pharmaceutical composition for the treatment of insulin-requiring diabetes comprising an effective amount of a peptide comprising a peptide selected from the group consisting of
- (a) glucagon-like peptide 1(7-37);
 - (b) glucagon-like peptide 1(7-36)amide; and
 - (c) an effective fragment or analogue of (a) or (b)
- and a pharmaceutically acceptable carrier.
11. A pharmaceutical composition in accordance with claim 10 for the treatment of Type I diabetes.
12. The pharmaceutical composition of claim 10 or 11 further comprising an effective amount of insulin.
13. A method of treating Type I diabetes in a mammal comprising administering to the mammal an effective amount of a peptide comprising a peptide selected from the group consisting of
- (a) glucagon-like peptide 1(7-37);

- (b) glucagon-like peptide 1(7-36)amide; and
- (c) an effective fragment or analogue of (a) or (b).

14. Use of a peptide comprising a peptide selected from the group consisting of

- (a) glucagon-like peptide 1(7-37);
 - (b) glucagon-like peptide 1(7-36)amide; and
 - (c) an effective fragment or analogue of (a) or (b)
- for the preparation of a medicament for use in the treatment of Type I diabetes.

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